



Swansea Bay
Orienteering Club

SBOC Midsummer on Gower
Day 1 - Local Event Summer League 2
Merthyr Mawr West, Porthcawl
Friday 8th June 2018

EVENT DETAILS: https://sboc.org.uk/events/midsummer-on-gower	
Location: Starts:	PARKING : NGR: SS837769, Postcode: CF36 5NE START : NGR: SS838770
Travel directions:	SAT NAV Travelling from both east and west CF36 5NE. From M4 junction 37 head south towards Porthcawl on A4229 for approx 2.5 miles. At 3rd roundabout take first left onto A4106. Follow for approx 0.8 mile and take third exit on next roundabout onto Bridgend road. Approx 200m take second left onto Clevis Hill. Follow road over Clevis hill and approx 250m bear left at Y junction and go straight across minor road onto Beach Road. Parking approx 600m on left hand side at sea front. A parking charge may be applicable – up to £3.00 for all day.
Terrain	Complex vegetated sand dune system with many marked and unmarked paths and a range of plant species including gorse, sea buckthorn and marram grass. Full leg cover advisable.
Map:	Scale: 1: 7,500 Originally Surveyed 1976, with many subsequent revisions and minor updates for this event 2018.
Courses:	Yellow - 1.7km Orange - 2.8km Light Green 3.2km Green - 4km
Registration and Starts	Registration: 17.30 -18.30 Starts:18.00-19.00 depending on entry numbers Course closes at 20.00
Entry Fees:	Seniors £6 and Juniors £3. SBOC Juniors free. Entries via www.fabian4.co.uk , pre-entry available until the 03/06/2018. Limited entry on the day available
Punching:	Classic SI electronic punching. SI Air will not be enabled.
Facilities:	There are no toilets at the Beach Road car park. Toilets are available at Porthcawl sea front (Rest Bay SS805781 and Griffin Park SS821770)

Organiser and Planner:	Gill Lock 07929 543389
Safety Information:	A risk assessment has been completed but it should be noted that competitors take part at their own risk. Competitors are reminded they are required to report to the finish/download once they have started a course, whether or not they have completed the course.
Additional Information:	Dogs allowed. Whistles and a waterproof jacket will be mandatory if the weather is bad – ensure you bring both.