



SWANSEA BAY ORIENTEERING CLUB

Winter League 2 Kenfig Nature Reserve (Local)

and social gathering and presentations in Prince of Wales Inn

Saturday 10th November 2018

EVENT DETAILS	
Orienteering Location	Kenfig National Nature Reserve, Heol Ton, Kenfig - CF33 4PS; OS Grid Ref SS 80233 80901
Directions and car park	<p>The event will take place at on Kenfig Nature Reserve. It is positioned approximately one mile off the M4 motorway between Bridgend and Port Talbot. Come off at Junction 37 follow signs to North Cornelly/ Pyle at the M4 (first) roundabout, North Cornelly at the second roundabout, and from there follow the 'brown duck' reserve signs. Registration will be in the overflow car park which is the turning to immediate south of the visitor centre.</p> <p>Free parking can be found around the building and in the overflow car park. Toilets can be found in the visitors centre.</p>
Registration and Entry	<p>Registration between 0945hrs to 1045hrs, subject to map availability. SI dibbers can be hired at registration - complete slip and pay £1.00.</p> <p>If you would like a map to be reserved, please email Gill at gklconsulting@hotmail.co.uk stating name, SI number and course preference by 4th November. Additional maps will be at the event, but they will be on a first come first run basis.</p> <p>Please also see social event details below.</p>
Starts & Finish	<p>1000hrs to 1115hrs, in grassed area to the west of the overflow car park. Courses close 1230hrs to allow controls to be collected before social event in the Prince of Wales (further information below).</p> <p>Finish is adjacent to overflow car park. Please download after you finish even if you retire.</p>
Results	Results will be displayed on SBOC website
Map & Control Descriptions	1:7500, 2.5m contours Maps will be overprinted on waterproof paper. Control descriptions will available at the starts.
Terrain	<p>The area is a complex sand dune system with Kenfig pool located to the immediate north of the event area. There are a number of dune slacks which flood in the winter if there is significant rain, these are marked with horizontal blue lines. The Yellow and Orange Courses have been designed to avoid the worst of these areas, although it does pass near to Kenfig Pool. Kenfig has scrubby vegetation, rabbit holes and intricate paths criss-crossing the area. Many of the paths are not marked and some which are marked, are covered in bracken making them indistinct.</p> <p>There is a golf course to the south of the event area bordered by a well used sandy footpath. This path may be used by competitors, but the golf course and fairways are out of bounds for health and safety reasons. The area which is out of bounds will be marked on the map.</p>

Courses Details (subject to controlling)	Course	length	climb
	Green	4.3km	80m
	Light Green	3.3km	50m
	Orange	2.9km	25m
	Yellow	1.9km	15m
Safety notes	<p>A risk assessment has been completed but it should be noted that competitors take part at their own risk. This has identified slips and trips, horses and dog walkers as as hazards and as the area is exposed a whistle and a cagoule may be needed.</p> <p>Competitors are reminded they are required to report to the finish and/or download once they have started a course, whether or not they have completed the course.</p> <p>Full leg cover is advisable due to vegetation.</p> <p>Other users/Dog walkers: Please be courteous to other users of the area especially when you are passing at speed.</p> <p>Horses: Horse riders may use the path system. Please be aware that horses may be frightened by sudden appearance of runners - likewise horses may be moving along some paths at speed.</p> <p>Safety bearing - head east to main road and car parking.</p>		
Dogs	Dogs must be on leads in assembly/car park. Dogs are allowed on Kenfig if kept under control.		
Personal data	<p>Your personal information provided for this event or obtained from registration databases will be used to process your entry, publish results, check for missing runners and trace missing SI cards.</p> <p>There may be photographs taken so if you do not wish to be photographed please let the organiser know.</p>		
Officials	<p>Organiser: Gill Lock SBOC (07929 543389) Planner: Siobhan Lock SBOC</p>		
Thank you	To the Kenfig National Nature Reserve for use of their car park and nature reserve.		
Social Event Location	Prince of Wales pub, Ton Road, Kenfig, approximately 0.5mile north of nature reserve.		
Details	<p>After a good run across Kenfig Nature Reserve, why not come and join us for a social gathering and buffet lunch followed by Club presentations in the Prince of Wales Inn. The Old Village Hall room has been booked for between 13.00hrs to 15.30hrs and a buffet will be served at approximately 13.15hrs. Club members and non club members are welcome.</p> <p>The cost of the buffet is £9.95 per head for non SBOC members and £5 per head for SBOC members. After lunch there will be presentations of last year's Winter league and Night league, and the Club Championships and Summer League.</p> <p>If you would like to join us for lunch please email Gill at gklconsulting@hotmail.co.uk by the 4th November. If you have specific dietary needs please include this in your email.</p>		