

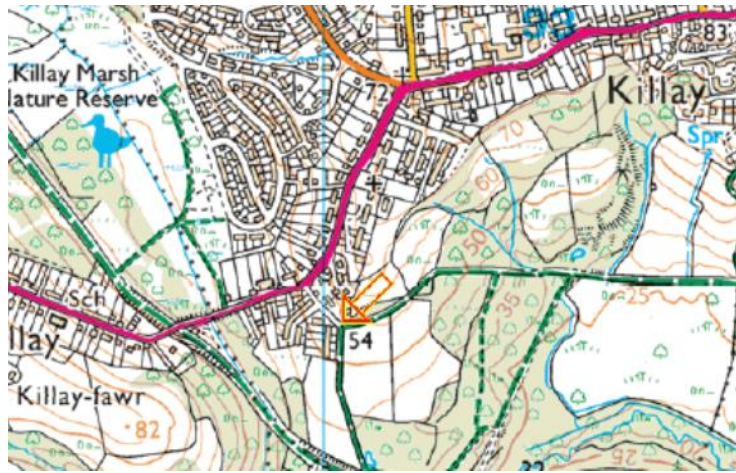


SBOC Summer League 3 Event

Clyne Valley Country Park North

Wednesday 15th May 2019

Swansea Bay Orienteering
Club

EVENT DETAILS			
Location:	Clyne Valley Country Park, NGR: SS 601 925, Post Code: SA2 7DU		
Travel directions:			<p>Aim for Clyne Valley Road, off the A4118 as head to Gower from Killay. Parking will be in residential area on road or adjacent to Clyne Valley Cottages. For more space, park in The Railway</p> <p>Inn car Park, from which it is 300m to the event. Follow tapes to start and finish area from the end of Clyne Valley Road.</p>
Terrain:	Mixed woodland with runnable areas interspersed with thick areas of brambles. The area is criss-crossed with rivers and ditches and the Clyne River. The historic industrial legacy is still visible in the small excavations, pits, marshes and streams. There are lots of paths, and mountain bike tracks.		
Map:	2011 with updates in 2019. Pre-printed at a scale of 1:1000 for Light Green and Green and 1:5000 for Orange and Yellow.		
Courses: (Subject to final planning)	Course	Distance (km)	Climb (m)
	Yellow	1.4km	40
	Orange	1.9	60
	Light Green	2.9	70
	Green	3.9	120
Registration:	From 17:30 to 18:30 at Assembly in Woods		
Starts:	From 17:45 to 18:45 Courses close at 20:00		
Entry Fees:	<p>Seniors £6.00</p> <p>Juniors / Students £3.00</p> <p>SBOC Juniors – Free</p> <p><i>Non-members are welcome and guidance for novices available.</i></p>		
Organiser:	Niall Reynolds, 01792 527566, [niall.reynolds@hotmail.co.uk]		

Safety Information:	<p>A risk assessment has been completed but it should be noted that competitors take part at their own risk.</p> <p>There are many wet marshes and ponds, some of which are deep. The Green and Light green course has a river crossing so please take care. There are mountain bikers using the area too and so please keep an eye out for fast moving bikes on the Clyne Valley Cycle path.</p> <p>Competitors are reminded they are required to report to the finish and/or download once they have started a course, whether or not they have completed the course.</p> <p>Photographs might be taken to promote the sport. Please let the organiser know if you do not wish to be included.</p> <p>Well trained dogs welcome.</p>
Additional Information:	<p>If time we will look to go to the Railway Inn for refreshments after the event.</p>

www.s boc.org.uk