



# Swansea Bay Orienteering Club

## FORMAT OF CLUB COMPETITIONS

### 1. SUMMER LEAGUE

To run from Mid-May to September. Allowing gap in August for holidays.

Weekly on Wednesday evening.

Total 14 events. 10 normal colour coded events. Courses: Yellow, Orange, Light Green, Green.  
4 sprint events on monthly basis of 2 courses. Senior and Junior courses.

Best 8 to count.

Use existing Summer League Handicap System

Trophies 1/2/3 Senior and 1/2/3 Junior. Presentations in October.

### 2. WINTER LEAGUE

To run from October to Mid-March.

Twice per month giving total of 12 events.

Up to 6 normal colour coded events. Courses: Yellow, Orange, Long Orange, Green, Blue

4 Night Events. Courses: Orange, green

3 Urban/Sprint Events. Courses Senior, Junior

Best 6 to count

Use existing Summer League Handicap System.

Trophies 1/2/3 Senior and 1/2/3 Junior. Presentations in April/May.

### 3. CLUB RANKING AND CLUB CHAMPONSHIPS

To be based on combined set of results from both leagues. Position determined using current formula. Thus the Competitive Season will run from Mid-May to March the following year culminating in the Club Championships being held in April/May. This structure will allow an annual programme of recruitment and introductions to happen from Mid-March to Mid-May.